

Lyra
Restaurant

107 N°
Bistro

MENU

A la carte

“Nu exista dragoste mai sincera decat dragostea
pentru mancare”

“There is no more sincere love than love for food”

George Bernard Shaw

ANTREURI/STARTERS

Timp mediu de preparare 20 min / Average cooking time: 20 min

- **MIX DE BRUSCHETTI/** 300 g 35 lei
BRUSCHETTI MIX
(avocado si somon fume, crema de branza si prosciutto,
mozzarella si rosii - **contine gluten, lactoza, peste**)
(avocado with smoked salmon, cream cheese and prosciutto,
mozzarella and tomatoes - **contains gluten, lactose, fish**)

- **FALAFEL, HUMUS SI TABOULEH** 150/150/200 g 40 lei
(**contine gluten, susan**)
(**contains gluten, sesame**)

SALATE/SALADS

Timp mediu de preparare 15 min / Average cooking time: 15 min

- **VEGGIE SALAD CU BRANZA TOFU/** 350 g 43 lei
VEGGIE SALAD WITH TOFU CHEESE
(mix de salata, ardei gras, ciuperci, dovlecei, sparanghel, broccoli,
morcov, branza tofu, dressing citrice - **contine soia**)
(salad mix, bell peper, mushrooms, zucchini, asparagus, broccoli,
carrot, tofu cheese, citrus dressing - **contains soy**)

- **SALATA CAESAR/** 350 g 45 lei
CAESAR SALAD
(salata iceberg, piept de pui, bacon, ou, parmezan,
crutoane, dressing maioneza cu anchois -
contine ou, lactoza, gluten, mustar, peste)
(iceberg salad, chicken breast, bacon, egg, parmesan,
croutons, mayonnaise dressing with anchovies -
contains egg, lactose, gluten, mustard, fish)

- **SALATA CU PIEPT DE RATA AFUMAT/** 350 g 50 lei
SMOKED DUCK BREAST SALAD
 (mix de salata, piept de rata afumat, branza de capra, camembert, fistic, dressing citrice - **contine lactoza, seminte**)
 (salad mix, smoked duck breast, goat cheese, camembert, pistachio, citrus dressing - **contains lactose, nuts**)

GUSTARI/SNACKS:

Timp mediu de preparare 20 min/ Average cooking time: 20 min

- **CRISPY DIN PIEPT DE PUI, SOS CHILLI SI TARTAR/** 200/200/100 g 35 lei
CRISPY CHICHEN BREAST, CHILLI AND TARTAR SOUCE
 (piept de pui, cartofi, sos chilli si sos de maioneza cu castraveti murati si capere - **contine gluten, ou**)
 (chicken breast, fries, chilli sauce, mayonnaise sauce with pickled cucumber and capers - **contains gluten, egg**)
- **FISH'N'CHIPS** 200/150/100 g 45 lei
 (file de cod, cartofi si sos de maioneza cu castraveti murati si capere - **contine peste, gluten, ou**)
 (cod fillet, fries, mayonnaise sauce with pickled cucumber and capers - **contains fish, gluten, egg**)
- **BURGER CLASIC CU CARTOFI PRAJITI/** 400 g 50 lei
CLASSIC BURGER WITH FRENCH FRIES
 (burger de vita, cascaval, cartofi prajiti, sos Mary Rose - **contine gluten, lactoza, mustar**)
 (beef burger, smoked cheese, fries, Mary Rose sauce - **contains gluten, lactose, mustard**)

PREPARATE DIN PESTE SI FRUCTE DE MARE/ FISH AND SEAFOOD DISHES:

Timp mediu de preparare 20 - 30 min/ Average cooking time: 20 - 30 min

- **SALAU CU CARTOFI AROMATIZATI SI LEGUME/ 200/250/50 g** 60 lei
ZANDER WITH FLAVORED POTATOES AND VEGETABLES
(file de salau, ardei gras, cartofi, ciuperci, dovlecei, vinete,
sos de lamaie cu verdeturi si usturoi copt - **contine peste, mustar**)
(zander fillet, bell peper, potatoes, mushrooms, zucchini, eggplant,
herbs lemon sauce, roasted garlic - **contains fish, mustard**)

PREPARATE DIN CARNE/ MEAT DISHES:

Timp mediu de preparare 30 min/ Average cooking time: 30 min

- **PUISOR LA CUPTOR CU MAMALIGUTA LA GRATAR
SI LEGUME MARINATE/** 250/200/150 g 45 lei
**BAKED COQUELET WITH GRILLED POLENTA
AND MARINATED VEGETABLES**
(jumătate de pui Coquelet, ardei gras, vinete, ciuperci,
dovlecei, mamaliguta)
(half Coquelet chicken, bell peper, eggplant, mushrooms,
zucchini, polenta)
- **COTLET DE PORC CU CARTOFI AROMATIZATI
SI SOS DIJON/** 200/200/50 g 60 lei
**BONE-IN PORK CHOPS WITH FLAVOURED POTATOES
AND DIJON SAUCE**
(cotlet de porc cu os, cartofi, legume marinate: ardei gras,
ciuperci, dovlecei, morcov, sos de mustar Dijon cu smantana
- **contine mustar, lactoza**)
(pork chops with bone, potatoes, marinated vegetables: bell peper,
mushrooms, zucchini, carrot, Dijon mustard sauce with cream
- **contains mustard, lactose**)

- **TAGLIATTA DE VITA CU SOS DE MAIONEZA CU TON,
MIX DE SALATA CU PARMEZAN/** 200/50/100 g 100 lei
BEEF TAGLIATTA WITH MAYONNAISE TUNA SAUCE,
SALAD MIX WITH PARMESAN
(muschi de vita Black Angus, mix de salata, parmezan, sos de maioneza
cu ton, capere, file anchois - *contine ou, peste, lactoza*)
(Black Angus tenderloin, salad mix, parmesan, mayonnaise tuna sauce,
capers and anchovies - *contains egg, fish, lactose*)

PASTE SI OREZ/ PASTA AND RICE

Timp mediu de preparare 20 min/ Average cooking time: 20 min

- **SPAGHETTI BOLOGNESE** 350 g 35 lei
(paste, sos rosu cu carne de vita si legume, parmezan - *contine gluten, lactoza*)
(pasta, tomatoes sauce with beef and vegetables, parmesan - *contains gluten, lactose*)
- **OREZ CU FRUCTE DE MARE/
RISOTTO WITH SEAFOOD** 350 g 55 lei
(orez, creveti, calamar, carne de midii, sos smantana,
parmezan - *contine crustacee, moluste, lactoza*)
(rice, shrimps, squid, mussels, cream sauce, parmesan
- *contains seafood, mollusk, lactose*)

DESERT/DESSERT

Timp mediu de preparare 15 min/ Average cooking time: 15 min

- **CHEESECAKE CU JELEU DIN FRUCTE /** 200 g 35 lei
CHEESECAKE WITH FRUIT JELLY
(blat din biscuiti zdrobiti cu crema de branza si fructe - *contine gluten, lactoza*)
(biscuits base, cream cheese with fruits - *contains gluten, lactose*)

- **TARTA SAINT HONORE/** 200 g 35 lei
SAINT HONORE CAKE
(tarta dulce cu mousse de ciocolata, crema caramel si mascarpone
- *contine, gluten, lactoza*)
(sweet tart with chocolate mousse, caramel cream and mascarpone
- *contains, gluten, lactose*)

VIN SPUMANT & SAMPANIE/ **SPARKLING WINE & CHAMPAGNE**

Spumant Colocviu Fet. Neagra brut (alc.11%) 100 lei

VIN ALB (750 ml) **WHITE WINE**

BUDUREASCA

Premium Sauvignon Blanc (alc.13,5%) sec 110 lei

VIN ROSU (750 ml) **RED WINE**

PURCARI

Rara Neagra (alc.12,5%) sec 120 lei

BAUTURI RACORITOARE

SOFT DRINKS

Coca Cola/ Coca Cola Zero	250 ml	9 lei
Fanta/ Sprite	250 ml	9 lei
Schweppes apa tonica/ Bitter lemon	250 ml	10 lei
Fuzetea - lamaie/ piersici - lemon/peaches	250 ml	12 lei

Va multumim!
Thank you!